Student's Career Development Plan

The Career Development Center follows a developmental pattern of student awareness, exploration, experience and choice, taking into account personal values and opportunities that contribute to society.

Student career preparation should begin in freshman year. Following a specific plan each year of college enhances career development.

FRESHMAN YEAR Goals

- Learn about career development at www.fdu.edu/careers.
- Register for online job search at www.fdu.edu/careers.
- □ Create a personal career development plan.
- Become knowledgeable of career options related to specific majors.
- □ Initiate and continue the career development self-exploration process.
- Become involved in extracurricular activities.

Activities

- Develop an initial curriculum plan, including internships, cooperative education, community service and summer jobs, with assistance from the academic adviser.
- □ Take an assessment test to guide in educational and career planning.
- ☐ Join a club or organization to practice and develop interpersonal, communication and leadership skills.
- Seek help in obtaining part-time and/or summer jobs.
- Nonbusiness majors should consider taking some business courses.
- □ Enroll in as many writing and speaking classes as possible. Good communication skills are essential for everything!

Explore a wide variety of career areas by reading and talking to faculty, staff and alumni in your field of interest.

SOPHOMORE YEAR Goals

- □ Strive for a strong grade point ratio (GPR).
- Develop specific career alternatives and explore options.
- □ Continue the career development self-exploration process.
- Learn about cooperative education and/or internships.
- □ Take responsibility for life/career decisions.

Activities

- □ Attend on-campus information programs.
- Utilize the Career Resource Library.
- □ Continue to use assessment tools.
- Learn and prepare for a co-op or internship, or work a part-time or summer job.
- □ Reaffirm curriculum plan with adviser.
- □ Participate in career-related workshops.
- □ Attend on- and off-campus career fairs.
- □ Investigate and join professional association(s).

JUNIOR YEAR Goals

- □ Validate career choice.
- □ Consider graduate or professional school options.
- $\hfill\square$ Become better prepared to enter the job market.

Activities

- $\hfill\square$ Complete co-op or internship.
- □ Continue to investigate graduate school options.
- If considering graduate school, take GRE, GMAT, LSAT, etc. Prepare alternate plan if graduatestudy plans change.
- Continue to network with professionals and attend career fairs.
- □ Update résumé and practice interviewing skills.
- □ Maintain membership in professional association(s).

4 SENIOR YEAR Goals

- Complete second co-op or internship.
- Transition from student to employee or graduate student.
- □ Continue to expand career network.
- Secure employment or graduate-school acceptance.

Activities

- □ Arrange for interviews off campus.
- □ Participate in on-campus interviewing.
- □ Obtain additional career-related work experience.
- □ Explore and apply for graduate internships.
- Utilize the alumni network.
- Attend on- and off-campus career fairs.
- □ Apply to graduate-school programs.
- Maintain membership in professional association(s).