

UNIV 1001: TRANSITIONING TO UNIVERSITY LIFE SYLLABUS

Fairleigh Dickinson University - Fall 2022

Course Title: UNIV 1001 Transitioning to University Life

Instructor:

Section: 1001.

E-Mail:

Day & Time:

Office Phone:

Building and Room:

Office Hours: appt required

Credits: 1

PURPOSE OF COURSE

University Core 1001 provides students with a learning experience that helps and supports the transition and adjustment to university life. Students are introduced to the global mission and values of FDU and its commitment to inter-cultural and international education. Students are expected to participate in learning experiences that facilitate their growth and development in both the academic and interpersonal areas and that enable them to become responsible citizens of the world. Respect for individual and cultural differences is fostered throughout the course, as is the importance of social responsibility from a local and international perspective. Information and technological literacy competencies which are vital for both academic and professional success are integrated throughout the course.

COURSE OBJECTIVES

UNIV 1001 will be broken into three modules (the self, the community, and the global world) reflecting an ecological perspective.

The Self

Demonstrated understanding of college life, the transition to independence, and self-care. Specific goals include:

1. To understand the difference between high school and college
2. To engage in strategies of self-management including study skills and time management
3. To develop an academic mindset
4. To engage in self-care (wellness issues including sleep/drinking/substance abuse/exercise)
5. To understand the dimensions of positive social relationships
6. To develop knowledge and skills to appreciate diversity

The Community

Demonstrated understanding of Fairleigh Dickinson University resources and opportunities for campus and community involvement. Specific goals include:

1. To identify campus resources and opportunities that contribute to the educational experience, personal goals, and encourage campus engagement.

2. To develop and apply skills that contribute to building positive relationships with peers, staff and faculty.
3. To understanding the importance of active engagement in academic and co-curricular involvement in the college experience and professional preparation.

The Global World

Demonstrated understanding of diversity and a global perspective. Specific goals include:

1. To engage in community involvement through volunteerism, experiential learning and participation in cultural opportunities
2. To develop an appreciation of all aspects of diversity through participation in multi-cultural, gross cultural, political, and special interest group activities.
3. To develop into a global citizen reflecting the mission of the university through participation in the UN partnership, attending academic events and planning for study abroad opportunities

COURSE REQUIREMENTS AND GRADE DETERMINATION

This course is graded on the University's grading system:

A, A-, B+, B, B-, C+, C, C-, D, or F.

Final grades will be calculated as follows:

93-100 A

90-92.9 A-

87-89.9 B+

83-86.9 B

80-82.9 B-

77-79.9 C+

70-76.9 C

70-72.9 C-

60-69.9 D

Below 59.9 F

Your grade will be determined by the following (1000 pts total):

Assignment	Point Value	Quantity	Total
Attendance/Class Participation	17.3	13	225
Journals/Assignments	15	8	120
Required Training Modules	25	1	25
Campus Events	30	5	150
One-On-One Meetings	65	2	130
Mid Term Project	175	1	175
Final Project	175	1	175
Total			1000

Attendance is mandatory

- If students should miss any class, they are to complete a make-up assignment at the complete discretion of the instructor for that missed class. It is the student's responsibility to coordinate this make-up assignment promptly with the instructor. *Attendance will make up 25% of the student's final grade.*
- Excused absences include documented illness, emergency situations, and unavoidable University obligations (ex. travel for an athlete). For unavoidable University obligations, the student is required to provide advanced notification *in writing* to the instructor if a class is going to be missed. If the student fails to notify the instructor and/or provide necessary documentation, the absence will not be excused.
- Students must successfully complete UNIV 1001 in order to graduate.

Course assignment descriptions:

All course assignments (with some noted exceptions) will be completed on WebCampus.fdu.edu.

1. Weekly journals

- a. Journals are due the Monday prior to class by 5 PM. Late journals will be marked down
- b. Must be at least 1 page, 12 pt. font, double spaced, proper spelling, grammar, etc.
- c. Submit via Blackboard (webcampus.fdu.edu):
Include: **Journal #, Name, and FDU ID** in heading.

2. Required Online Training Modules

- a. COVID Module required to be completed as soon as possible.
- b. Concussion Awareness: Athletes only
- c. Impressions
- d. Know Your Limit
- e. Lasting Choices: Preventing Sexual Assault

3. Mentoring Meetings

- a. Meeting with the instructor/mentor is essential to the successful completion of the course.
- b. Two mandatory meetings will be scheduled during the semester.

4. Campus Events

- a. You will be informed by your instructor about campus events which could fulfill your co-curricular report card requirements either through Blackboard or through handouts.
- b. Must complete event reflection form to receive credit.
- c. Submit via Blackboard within 24 hours of event (webcampus.fdu.edu).

5. Midterm Project

6. Final Project

- a. Write a 1.5-3 page letter to yourself that reflects what you would like to be able to say to yourself on the day that you graduate from FDU.

CLASSROOM ETIQUETTE

Students are expected to be in class on time and students who arrive late will be marked absent. Please be courteous to other students and the instructor during the course. Texting, social media, etc. is not permitted during class time. If there is an emergency that requires cell phone use, please let the instructor know prior to the beginning of the class.

WRITING POLICY

You are expected to submit work that has been written and proofread carefully. To do your best work and meet the standards for acceptable work, you should do the following when you prepare the final drafts of written assignments:

- Make sure they are coherent, organized, and free of errors in grammar, spelling, punctuation, and documentation.
- Always use a computer spell check program.
- Know that typographical errors are unacceptable.
- Ask a peer editor or a tutor to proofread the final draft of your work.

If your work does not meet these standards, it will be returned to you without a grade. You must revise and resubmit it to the instructor within a reasonable timeframe. The "reasonable timeframe" will be determined by the student and the instructor. If you do not resubmit and acceptable assignment, you will receive an F for that assignment. If you continue to submit unacceptable work, you will be assigned a lowered or possibly a failing grade.

DISABILITY STATEMENT

Students with documented medical, psychological or learning disabilities, who feel they may need in-class academic adjustments, reasonable modifications, and/or auxiliary aids and services while taking this course, should first contact the Disability Support Services (DSS) to discuss their specific needs. At the Florham Campus, including the School of Pharmacy and study abroad programs, contact the Director of Disability Support Services at 973-443-8079. At the Metropolitan Campus, online and off-campus programs, contact the Director of Disability Support Services at 201-692-2076. For Vancouver Campus, contact the Deputy Campus Executive at 604-648-4463. Once the academic adjustments, modifications, or auxiliary aids and services are approved by DSS, make an appointment to see the professor.

COURSE SCHEDULE

Week 1: August 29-September 2

Welcome – Transition from High School to College

Assignment:

- Complete the online required modules, Journal Reflection 1 due

Week 2: September 5-9 (no class on Monday 9/5--Labor Day)

Positive Relationships with Peers, Staff and Faculty/Etiquette

Assignment:

- Journal Reflection 2 due

Week 3: September 12-16

Knowing Your Learning Style and Critical Thinking

Assignment:

- Journal Reflection 3 due

Week 4: September 19-23

Time Management

Week 5: September 26-30

One on One Meeting #1

Assignment:

- Journal Reflection 4 due

Upcoming assignment

Midterm due **Week 8**

Week 6: October 3-7

Personal Wellness

Assignment:

Midterm Project Presentation due Week 8/9

Week 7: October 10-14, 2021

Campus Involvement, Engagement, and Campus Resources

Upcoming assignment

Journal reflection 5 due

Week 8: October 17-21 (Fall Recess 10/17, 10/18, No Class)

Campus Resources-Midterm Project Presentations

Week 9: October 24-28

Sexual Health, Alcohol and Other Drugs

Assignment

Journal reflection 6 due

Week 10: October 31-November 4

Information Literacy/Financial Literacy/Academic Integrity

Assignment

Journal reflection 7 due

Week 11: November 7-11

Global Perspectives and Study Abroad

Week 12: November 14-18

Diversity

Assignment before last class

Journal reflection 8 due

Final Project due week 15

Week 13: November 21-25

Thanksgiving Week, No Class

Week 14: November 28-December 1

One on One Meeting # 2

Upcoming assignment:

Final Project ***due next week***

Week 15: December 5-9

End of Semester Review/Final Project