



SPC NEWSLETTER

FALL 2022



Welcome! We are excited to present the Fall 2022 edition of the School of Psychology and Counseling (SPC) Newsletter at Fairleigh Dickinson University (FDU). We hope that distributing this newsletter each semester will help keep everyone informed and involved in the ongoings of our department.

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If you would like to join our newsletter team, please email Dr. Georgia Winters at gwinters@fdu.edu

MEET YOUR *NEW* FACULTY

BY CECILIA ALLAN

Vanessa Vitiello

Education: BA Psychology and Women and Gender Studies, MS Ed. School Psychology, PsyD Clinic School – Child Psychology, Pace University NY, NY

Courses taught: General Psychology; Seminar in Professional School Psychology Practice and Ethics; Externship in School Psychology; School Psychology: Internship; Intro. to School Learning II; Prevention and Intervention with Children and Adolescents

Research interests: Late adolescent sexual health and behavior.

Hobbies: Traveling and baking.

Interesting tidbit about yourself: I worked as a makeup artist during graduate school.

Favorite thing about FDU so far: The students and my colleagues!



Narmene Hamsho

Education: BA in Psychology and Health and Human Services, University at Buffalo; MS in Psychology, Syracuse University; PhD in School Psychology, Syracuse University; Post-Doctoral Training in Psychology, University of Massachusetts Boston

Courses taught: Ethics and Professional Practice in School Psychology, Introduction to School-Based Consultation

Research interests: I am interested in understanding how elementary school teachers can better support their students to develop successful writing skills. My program of research emphasizes educational equity with a focus on reducing opportunity gaps, especially among youth from underserved communities. A few of my current projects include examining autistic students' writing skills as well as helping elementary school teachers to develop positive relationships with autistic students and families.



Hobbies: I enjoy knitting and reading. Historical fictions are my favorite book genre and I'm currently a third of the way through Pillars of the Earth by Ken Follett. Recommendations for my next read are welcome!

Interesting tidbit about yourself: During high school, I volunteered at the Staten Island Zoo and part of my duties involved handling various small mammals, reptiles, and birds. The black rat snake was one of my favorites, and to this day, I refuse to go near any insects, be they zoo or household-owned.

Favorite thing about FDU so far: The collegiality among students, faculty, and staff within the School of Psychology and Counseling at FDU is palpable. The transition to a new position can be daunting and I am grateful to have been extremely well supported by so many caring and passionate individuals. I am so appreciative of all the connections I've made so far and look forward to striking new partnerships with members of the FDU community I have yet to meet!

STUDENT SPOTLIGHT: CURRENT FORENSIC PSYCHOLOGY GRADUATE STUDENTS

BY STEPHANIE BART

FDU forensic psychology graduate students come from all over the United States. Many of our students went to colleges other than FDU for their bachelor's degrees and decided on FDU specifically for the forensic psychology master's program. The program offers a hands-on experience for students, setting them up for success in the field and giving them an advantage should they pursue further education. In addition, being in the tri-state area allows students to have opportunities to intern in positions that may not be available to them in other programs. Three first year graduate students, Sandra, Isabella, and Haley, gave their perspectives on FDU's community, their program, and their hopes for the future.



SANDRA TARABOLSI



ISABELLA WOOD



HALEY RUDOFKER

Where did you complete your undergraduate degree?

Sandra: Hudson County Community College and Rutgers University.

Isabella: Ouachita Baptist University in Arkadelphia, Arkansas.

Haley: Moravian University in Bethlehem, Pennsylvania.

What is your bachelor's degree in?

Sandra: I have a bachelor of arts in biology with a minor in psychology.

Isabella: I have a bachelor's in psychology.

Haley: I majored in psychology with a minor in sociology with a focus on criminal justice.

Do you have any job or research experience in the field?

Sandra: Currently, I am working as a behavioral technician for youths ages five to 21 years old.

Isabella: I completed an internship at a Child Advocacy Center where I learned how they interview children who have allegedly been abused, how court proceedings work after evidence of abuse is found, the process of a SANE nurse, and how to enter data in Collaborate. For research, I have looked into the different types of stigmatization between individuals with intellectual disabilities and individuals with mental disorders. I have also studied which types of empathy people high in Machiavellianism use to manipulate others.

Haley: I interned for the presiding judge at the Luzerne County Courthouse last summer and observed criminal hearings, trials, and sentencing. I even sat in on a hearing for a serial killer. In my undergrad, I spent three semesters in a psychological research lab and ran my own study during my last semester.

What is the most exciting part about being at FDU?

Sandra: I am very excited about the unique forensic program at FDU.

Isabella: The most exciting part is being around people who have the same interests as me. I was the only one in my undergraduate class interested in forensics, so it's great to have a group of people with the same passion.

Haley: The most exciting part of being in the master's program at FDU for forensic psychology is finally having a group of friends with whom I can talk about serial killers with and don't give me weird looks.

What are your career goals?

Sandra: My career goal is to join law enforcement one day, maybe as a profiler or something related to the field.

Isabella: My career goal is to work in a facility that does forensic evaluations. I do not have a passion for counseling, so I believe that working in a facility that separates counseling from evaluations would work best for my interests.

Haley: I plan on earning my PsyD in clinical psychology with a focus on forensic psychology and to work in a prison setting.

STUDENT SPOTLIGHT: MARAM BARAKAT

BY: SHALOM JAFFE, AMANDA PARDO, & STINE-OKSANA SOOMAI

How did you get your start in clinical psychology?

I was first interested in psychology because of two things: seeing how things impacted or influenced a person's life, and the fact that you can make change; it doesn't always have to be, "oh this was fate and I'm stuck like this forever."

What brought you to FDU?

After I completed my undergrad at the American University of Beirut, I worked for a year at a non-governmental organization (NGO) that works with addiction; it has both in-patient and out-patient sections. Afterward, I went to Columbia and did my master's in clinical psychology. There I worked for Michael Sweeney, who taught a cognitive behavioral therapy (CBT) class. He and other people at the clinic, like Sarah Dove, had attended FDU. That's why FDU was on my radar, especially when I discovered it has half psychodynamic and half CBT training. The fact that it's not fully focused on research also was appealing to me. I liked research but my interests were more on the clinical end.

How did you get your start in global health and psychology?

While doing research at Columbia, I discovered the world of global mental health. It is about adapting and implementing western-based therapy and interventions to fit with non-western cultures. I was part of the global health lab, and we worked on studies in Uganda, India, Kuwait, and other countries. I was mainly working remotely and because I speak Arabic and am Lebanese, I was able to travel to Lebanon to implement the project we were working on. I helped translate the measures into Arabic, made sure that they made sense for the culture, and implemented interpersonal therapy. After that, I started to think more about global health—so Columbia kind of opened the global health world to me. I hadn't been aware of it in undergrad.

What did you do to get experience in psychology and global mental health prior to FDU?

I wanted to go and experience different cultures and not to be in this "privileged environment" where everything is accessible. In the New York-New Jersey area we think everything is "accessible" but a lot of people don't have access to mental health services or even basic needs. I mean look at the homelessness situation. Back then I had a narrower approach to how things were. In my head I thought, "I need to go out, I need to leave, I need to experience something." I ended up applying to a fellowship in the Global Health Corp where I was able to work in rural Uganda for a year and a few months. I worked on integrating mental health with sexual health in the areas of HIV prevention and intervention, teenage pregnancy, and female empowerment. It was a very beautiful and humbling experience that was relevant to global mental health.

What do you think is the biggest takeaway from global mental health and psychology?

People come from the West assuming they know best and they impose whatever they learned assuming it's going to work out. You realize the reality is completely different and you can't do that. We need to take culture into consideration because the people in the country know what they need to work on. They know their solutions and they just need some help with certain skills that we can offer.

Can you tell us a little bit about the research work you're doing now?

There was an explosion in Lebanon in April 2020, and afterward I was really interested in knowing why it was that some people had a prosocial reaction and went to help, while others had the more typical reaction and got scared and went home. This is how I became interested in character strengths. Currently, I'm in Dr. Robert McGrath's Positive Psychology lab. Every person works with specific character strengths and positive traits, for example kindness, humility, or love. We work with a measure called the Values in Action (VIA) Personality Inventory, which measures personality strengths. We're also developing a treatment manual that considers each person's strengths and uses them to help with depression.

What advice do you have for undergraduate students who are interested in joining a PhD program in psychology?

Assuming they're applying to FDU, I would say to get as much clinical experience as you can. Not just for the program, but it's also important to see if this is something that would be a good fit for you. Also, try to get some research experience. You will find a lot of people have research labs, and they want volunteers. Unfortunately, sometimes you're going to have to work for free, but there are also some paid research jobs. I think people need to start by just reaching out, even to PhD students, to ask if there is a project they can help with. Also like I mentioned, I decided to take some time off, which was helpful. Being part of a PhD program is a big commitment and you want to make sure that you are ready for it.



STUDENT SPOTLIGHT: MATT SEFCIK

BY KELSEY PARODI



Positions: Currently a first-year doctoral student in the Clinical Psychology PhD Program at FDU; Graduate Assistant for the Forensic Psychology Masters Program

Education: B.A. in Psychology from Wagner College in 2019, M.A. in Clinical Mental Health Counseling from Fairleigh Dickinson Florham in 2021

Research interests: I am working in Dr. Ben Johnson's TAPP lab. My main research goals are related to non-suicidal self-injury and I have a strong interest in trying to better define parasuicidal behavior.

Experience: I have clinical experience as a mental health counselor in a few different areas. I spent a year in grad school working at Northern State Prison where I had an individual caseload, ran groups (including a writers' group that I started), and conducted risk assessments. I spent a semester working at Trinitas Medical Center in Elizabeth in their Acute Psychiatric Inpatient Unit. After graduating with my master's degree, I spent eight months working at GenPsych in Livingston which is an Intensive Outpatient Program. While there, I was trained in Dialectical Behavioral Therapy (DBT) and primarily worked with clients who had a Borderline Personality Disorder diagnosis.

Favorite thing about FDU so far: I was really drawn to FDU because of the research interests of the faculty, which I feel align closely with my own. I was interested in the generalist model of the program as well, and the opportunity to stay local to where I have grown up was a big draw for me.

Career goals: I hope to eventually move into an academic role at a university- teaching and conducting research. I would also like to open a private practice with my older brother who is also a licensed therapist.

Additional information: My parents and I have a program called *Remembering T.J.* (<https://www.rememberingtj.org>) where we present at high schools, colleges, and community events on the importance of suicide awareness and prevention. This program was created following the loss of my other older brother, T.J., back in 2010.

PROFESSOR SPOTLIGHT: DR. MANSIK YUN

BY: SHALOM JAFFE, AMANDA PARDO, & STINE-OKSANA SOOMAI

Get to know Professor Yun!



What made you decide to become a professor in psychology?

I used to be an engineer in a construction company and then in a manufacturing company. I always tried my best to keep my well-being by leaving work on time at 5:30, which is very unusual in Korea. My leaving early encouraged other young employees to start leaving work at 5:30 also- so my team boss really hated me. While enjoying my first year at the company, I was moved to the HR team by the team boss. However, while I worked for this new team, I was able to find a passion for interacting with people to improve their well-being, general stress level, and job satisfaction. This led me to quit my career as an engineer and pursue Ph.D. degree in IO psychology. As a professor, I am able to teach and do research on the topic.

What do you feel are the most relevant skills to succeed in this field?

Being persistent, patient, and empathetic.
To have a publication, you should be persistent until you get what you want.
To be a good professor, you should be patient and empathetic with students.

Would you describe yourself as an introvert or extrovert?

Highly extroverted, according to my IO psychology class students (which I agree with).

What is your caffeinated beverage of choice?

A java chip frappuccino with almond milk and whip cream.

Professor Yun's Research:

What is your area of focus and why did you decide to focus on this area of research?

As I have had work experience on a HR team in the past, I am interested in employees' well-being, like their stress.

How has the research changed from how you initially started?

Initially, I was interested in how positive organizational factors (e.g., coworker's support, job security, breaks at work) affect employees positively, but recently I am interested in how these factors can be generating negative effects on employees as well.

How do you find the motivation to continue with this research over time?

Once I get a decision to revise and resubmit from a journal, it enhances my motivation.

Why is this research that you are conducting important?

I sometimes think my research is not very important, but I would like to share through my research that just because organizational factors seem good, doesn't mean they are.

Do you think your research will impact the psychology field?

Probably not a lot. However, I want to my research to share that things that seem good, aren't always.

Where do you see your research going in the future?

I really don't know about my future research as I do research based on the supported results (aka HARKing), but I think I will be interested in personality in the workplace.

What is something you are curious about that you would like to research in the future?

I will be interested in personality in the workplace (similar to the previous question).

Do you have any advice for undergraduate pursuing a masters or doctoral degree?

Students' need to read many articles so they can be a good research consumer.

How can undergraduate students get involved in research projects at the university?

It is easy, simply email the professor or visit the professor's office.

ACCOMPLISHMENTS AND UPCOMING STUDENT PROJECTS

3rd Year Clinical Psychology PhD Student, Allison Parente

Bates-Krakoff, J., Parente, A., McGrath, R., Rashid, T., & Niemiec, R. (2022). Are character strength-based positive interventions effective for eliciting positive behavioral outcomes? A meta-analytic review. *International Journal of Wellbeing*, 12(3).

3rd Year Clinical Psychology PhD Student, Cecilia Allan

Cecilia was recently voted in as chair-elect for the American Psychology-Law Society's Student Committee and was appointed as the Student Representative for the Association for the Treatment of Sexual Abuser's board of directors.

3rd Year Clinical Psychology PhD Student, Alex Stein

Alex recently joined the cast of *The BPD Bunch*, a talk-show/podcast which aims to raise awareness and understanding of borderline personality disorder. Check them out on YouTube, Spotify, and Instagram @thebpd bunch

2nd Year Clinical Psychology PhD Student, Caitlin Krause

Caitlin was recently awarded the American Psychology-Law Society's Grant in Aid, which will help to fund her upcoming research examining the moderating role of sexual abuse disclosure in the relationship between child sexual abuse and the development of borderline personality disorder symptoms.

Clinical Psychology PhD Student's present at the Association for Behavioral and Cognitive Therapies Annual Conference

Maddie Kane's (2nd year) poster looked at the relationship between sleep, diet, and affect in college students. Lauren Schneier's (3rd year) poster addressed binge-watching practices of college aged students during the COVID-19 lockdown and today.

CONFERENCES & EVENTS

CONFERENCES

**American Psychoanalytic Association
Annual Meeting**

1/31-2/5
New York, NY

**Society for Personality and Social
Psychology**

2/23-2/25
Atlanta, GA
\$181 (*until 1/12*)

American Psychology-Law Society

3/16-3/18
Philadelphia, PA
Free for student volunteers

**International Conference on
Psychopathology and Testing**

3/16-3/17
Miami, FL

**North American Society for the Study of
Personality Disorders**

4/21-4/22
Waltham, MA
\$150-300

CALL FOR ABSTRACTS

Association for Psychological Sciences

Deadline: 12/15

**International Society for the Study of
Personality Disorders**

Deadline: 12/21

American Psychological Association

Deadline: 1/10

**Annual Conference of the International
Society for Bipolar Disorders**

Deadline: 1/13

FREE VIRTUAL EVENTS

**Assessing and Treating Trauma-Related
Problems Across the Developmental
Spectrum**

APA
12/6

**Importance of Child Psychology and
Intervention Strategy**

Event Bright
12/6

PUBLICATION OPPORTUNITIES: SPECIAL JOURNAL ISSUES

DEC

12/15: School Psychology - Special Commentary Essays on the Ukraine Crisis Impacts on School-Age Youth
12/31: Journal of Threat Assessment and Management - Applications of the Alternative Model for Personality Disorders (AMPD) to Threat Assessment

JAN

1/21: Journal of Peace Psychology - Special Issues on Social Norms and Peace
1/31: Psychological Services - Psychology Leadership in Public Sector Settings

FEB

2/1: Journal of Experimental Psychology - Learning Diversity: How Contexts and Experiences Shape Perceptions Across the Lifespan

MAR

3/15: Psychology, Public Policy, and Law - Emerging Issues in Correctional Policy, Research, and Practice

FEATURED TRAININGS

New Jersey Psychological Association Continuing Education Learning Center

New Jersey Psychological Association (NJPA) offers a range of courses and webinars, many that are low cost or free. Topics include Dialectical Behavioral Therapy, Ethical Issues in Practice, Organizational Psychology, Trauma-Informed Care, Treatment of LGBTQ+ Children and Youth, and more!

View courses and register at:
<https://njpa.mclms.net/en/>

SCHOLARSHIPS & GRANTS

JANUARY

Diversity in Psychology and Law Research Award

Awarded to students conducting research on psycholegal issues related to diversity as well as research by students from underrepresented groups.

Amount: \$1,000

Deadline: 1/15

AP-LS Grants in Aid for Graduate Students

Awarded to graduate levels students conducting research that addresses psycholegal issues.

Amount: maximum \$1,500

Deadline: 1/15

APF Queen-Nellie Evans Scholarship

Awarded to graduate students who demonstrate a financial need and are committed to improving the disparities in societal structures and issues impacting communities of color.

Amount: \$4,000

Deadline: 1/31

FEBRUARY

Beth Rom-Rymer Scholarship

Provides support for students to complete training in psychopharmacology programs.

Amount: \$5,000

Deadline: 2/1

APF Dr. Christine Blasey-Ford Grant

Awarded to students to support research focusing on the understanding, prevention and/or treatment of the consequences of exposure to traumatic events such as sexual assault, sexual harassment and/or rape.

Amount: \$1,250

Deadline: 2/15

MARCH

Graduate Student Ethics Writing Competition

Awarded to the winner of the annual competition for the best graduate student paper on psychology and ethics.

Amount: \$1,000

Deadline: 3/15

Janet Hyde Graduate Student Research Grant

Awarded to doctoral students to support feminist research on the psychology of women and gender.

Amount: \$500

Deadline: 3/15

APRIL

Visionary Grants

Seek to seed innovation through supporting research, education, and intervention projects and programs that use psychology to solve social problems.

Amount: \$20,000

Deadline: 4/1

Annual Prize for Psychological Research on Women and Gender by Students

Awarded to the student who submits the best paper focusing on women's lives and issues, or general gender ideologies and behavior from a feminist perspective.

Amount: \$250

Deadline: 4/1

Graduate Student Achievement Award in Clinical Practice

Recognizes a graduate student who demonstrates innovative clinical service, clinical skill, and commitment to evidence-based practice.

Amount: \$1,000

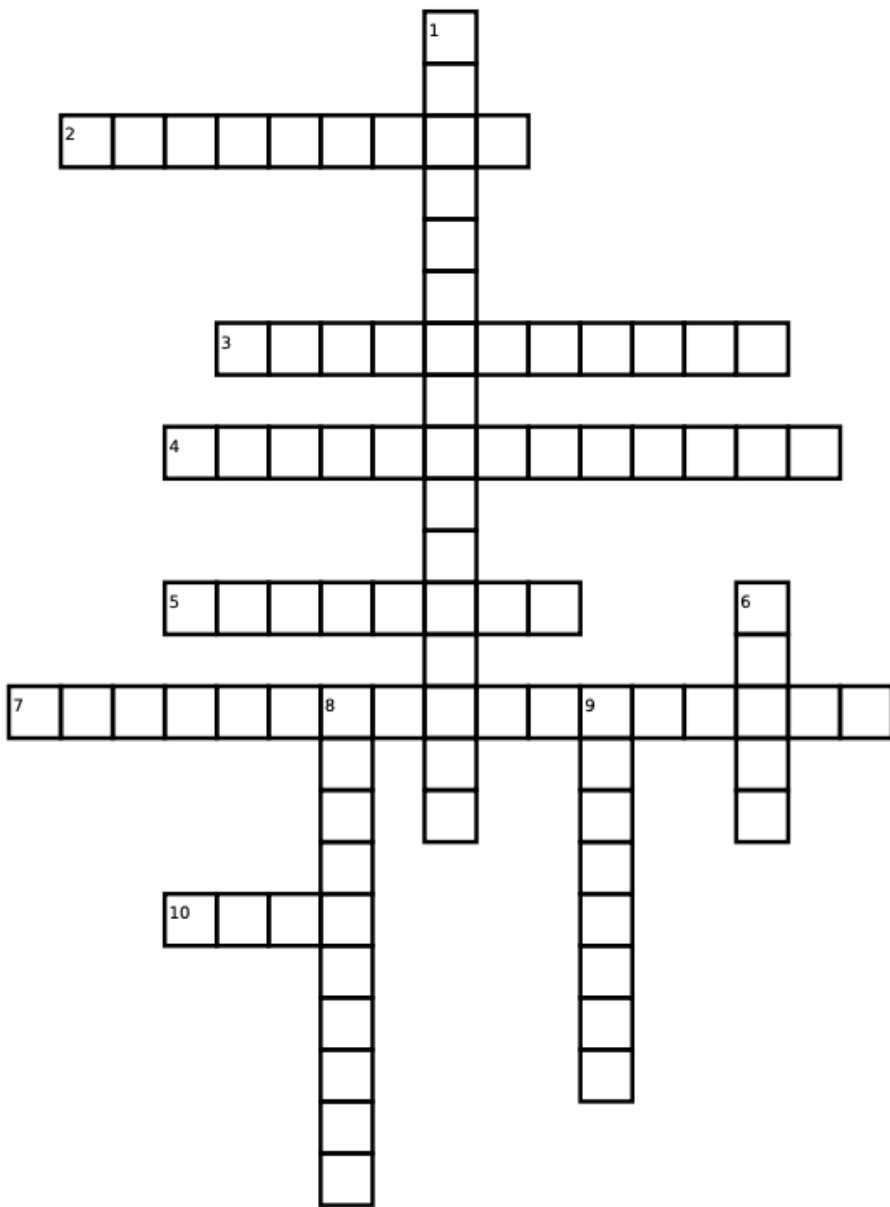
Deadline: 4/15

“ *The best way to predict the future is to create it.*

Abraham Lincoln

”

HOW WELL DO YOU RECALL INTRO TO PSYCHOLOGY?



Down:

1. A disorder that involves recurrent and irresistible urges to pull out body hair.
6. The father of psychoanalysis.
8. A defense mechanism that excludes distressing memories, thoughts, or feelings from the conscious mind.
9. A common sleep disorder that can make it hard to fall asleep, hard to stay asleep, or cause you to wake up too early and not be able to get back to sleep.

Across:

2. The neuroendocrine _____ is associated with mood, appetite, vomiting, limbic system functions, pain, and sleep. The drug Prozac mimics this.
3. Decreased response to a stimulus.
4. An excitatory neurotransmitter that governs muscle contractions and is associated with memory formation and diseases like Alzheimer's.
5. The founder of learned helplessness theory.
7. Chemical messengers in the nervous system.
10. Famous case study of frontal lobe damage.

*In old age, I'm lost. In trauma,
I'm tossed. What am I?*

Answer: memories

Answer Key

- Across:
2. Serotonin
 3. Habituation
 4. Acetylcholine
 5. Seligman
 7. Neurotransmitters
- Down:
1. Trichotillomania
 6. Freud
 8. Repression
 9. Insomnia
 10. Gage

In the news

CHILDREN OF IMMIGRANTS AND MENTAL HEALTH

BY BUSHRA SHALTOUT

Upasna Gautam from CNN interviewed the founder of *Brown Girl Therapy*, Sahaj Kohli. As a child of immigrant parents, Sahaj has always struggled with identity. Her parents immigrated from India to the United Kingdom and she has had to grapple with balancing the two cultures she was raised around, like many first-generation Americans.

Sahaj was born in the United Kingdom but her family is from India; as such, she states that she has never completely identified with either of the two cultures. As stated in the article, "immigrant parents still teach their children the ways of their home country, often rooted in deferring to elders. That's why children of immigrants can struggle with chronic guilt." Children of immigrants often have to figure out how to navigate these difficult situations, such as adapting to two different cultures.

Sahaj graduated from George Washington University in Washington, DC with a master's degree in clinical mental health counseling. Using her degree, she founded *Brown Girl Therapy*, an online platform specifically designed for children of immigrants. When asked why children of immigrants experience unique mental health challenges, Sahaj replied, "they are raised in a culture where the norms and the values are different from the values and norms that they're being socialized in outside of the house." Sahaj attributed this as the reason why so many children of immigrants experience chronic guilt. If someone always feels like they are doing something wrong, because they are going against what they were taught at home, then guilt naturally follows. This is especially true in cases where one was raised in a way that does not align with the culture they are currently interacting with. Sahaj also mentions how the culture of an immigrant family can be seen in how they interact in a more professional setting. She explains that situations that deal with gender roles, boundaries, and an age hierarchy would be some examples children of immigrants would have a hard time navigating.

There is one quote from the interview that really stands out, "Immigrant parents pursued stability and security, whereas children of immigrants have the privilege to pursue passion and happiness." There is often a disconnect here as well when trying to communicate with immigrant parents. It is important to address their fear and to guide them on differences of culture. Sahaj gives tips on how to communicate with immigrant parents in a way they would understand- "In many cultures, the words don't exist at all. We have to stop thinking in English when we consider where our parent might be coming from. That can look like addressing feelings of anxiousness. How can you identify what it feels like physically?" In the interview, Sahaj also touched upon gratitude shaming- "I should just be grateful, because my parents had it worse". She emphasizes the fact that just because someone else had it worse, your feelings are still valid. You are allowed to struggle as well and vent those struggles. The last thing Sahaj discusses is self-care and the importance of prioritizing yourself. She states that "for all of us, self-care in mental health is finding the agency you have within the systems you live in." Sahaj has helped many people navigate and handle mental health while being a child of immigrants.

MEET THE TEAM



GEORGIA WINTERS, PH.D.
FORENSIC PSYCHOLOGY M.A. PROGRAM
NEWSLETTER FACULTY ADVISOR

Dr. Georgia Winters is an assistant professor and co-director of the Forensic Psychology M.A. Program. Her research focuses on sexual violence prevention. Her hobbies include cooking, baking, and watching her beloved New England sports teams.



ILISSA KAUFMAN
CLINICAL PSYCHOLOGY PH.D PROGRAM
NEWSLETTER EDITOR

Ilissa is in her 3rd year of the Clinical Psychology Ph.D. program here at FDU. Her research interests include "drunkorexia" as well as LGBTQ+ individuals and their relationship with religion. Her hobbies include watching movies, learning cool dog facts, and being vegan!



CECILIA ALLAN
CLINICAL PSYCHOLOGY PH.D PROGRAM
EVENTS COMMITTEE, EDITOR

Cecilia is in the 3rd year of the Clinical Psychology Ph.D. program. Her primary research interests involve a variety of topics within the field of sexual violence prevention. Her hobbies include traveling, re-watching the same TV shows, and reading gossip columns.



KELSEY PARODI
FORENSIC PSYCHOLOGY M.A. PROGRAM
STUDENTS COMMITTEE

Kelsey is a freshman at FDU. She is currently a Student Ambassador, COMPASS Mentor, and Orientation leader. She is also involved in Global Scholars and the Honors Program here on the Metro campus. She loves to play volleyball and write in her free time.



AMANDA PARDO
I/O PSYCHOLOGY M.A. PROGRAM
FACULTY/RESEARCH COMMITTEE

Amanda is in her first year of the I/O psychology M.A. program. Her research interests include ADHD and it's effect on neurological functioning. Her hobbies include gaming and working out.



STINE-OKSANA SOOMAI
GENERAL PSYCHOLOGY B.A.-M.A.
FACULTY/RESEARCH COMMITTEE

Stine-Oksana is a senior in the FDU General Psychology M.A. program. Her research interests include the relationship between PTSD and sexual trauma, and the relationship between the law and sexual assault. Her interests include knitting, reading, and playing with her cat Toulouse.



AUDREY DELICH
FORENSIC PSYCHOLOGY M.A. PROGRAM
EVENTS COMMITTEE

Audrey is in her first semester of the Forensic Psychology M.A. program. Her research interests vary but she would like to study rehabilitation techniques in prison. Audrey's hobbies include working out and reading books.



SHALOM JAFFE
CLINICAL PSYCHOLOGY PH.D PROGRAM
FACULTY/RESEARCH COMMITTEE

Shalom is in his first year of the Clinical Psychology Ph.D. program. His current research focuses on the relationship between mood disorders and circadian rhythm. Recently he's been spending his free time reading, editing videos, practicing calligraphy, and fooling around on the piano.



STEPHANIE BART
FORENSIC PSYCHOLOGY M.A. PROGRAM
STUDENTS COMMITTEE

Stephanie is a third-year forensic psychology and criminal justice major. She's most interested in psychopathy, rehabilitation strategies for juvenile offenders, & implementing therapeutic techniques in the justice system. In her free time, she enjoys listening to true crime podcasts and researching serial killers.



BUSHRA SHALTOUT
4+1 PROGRAM
ENTERTAINMENT COMMITTEE

Bushra is a criminal justice and psychology major in the 4+1 program for criminal justice. She is a junior and rising senior. She would love to incorporate her background in criminal justice and psychology to try and improve the prison system. She would like to work specifically with juveniles in an effort to improve and develop intervention programs. She loves reading, baking, playing with her cat (KitKat), and punch needling.



SARAH DWECK
CLINICAL PSYCHOLOGY PH.D PROGRAM
ENTERTAINMENT COMMITTEE

Sarah is in her first year of the Clinical Psychology Ph.D. program. She is most interested in research focusing on treatments for depression and suicide prevention. In her free time, Sarah enjoys baking, reading, and practicing yoga.