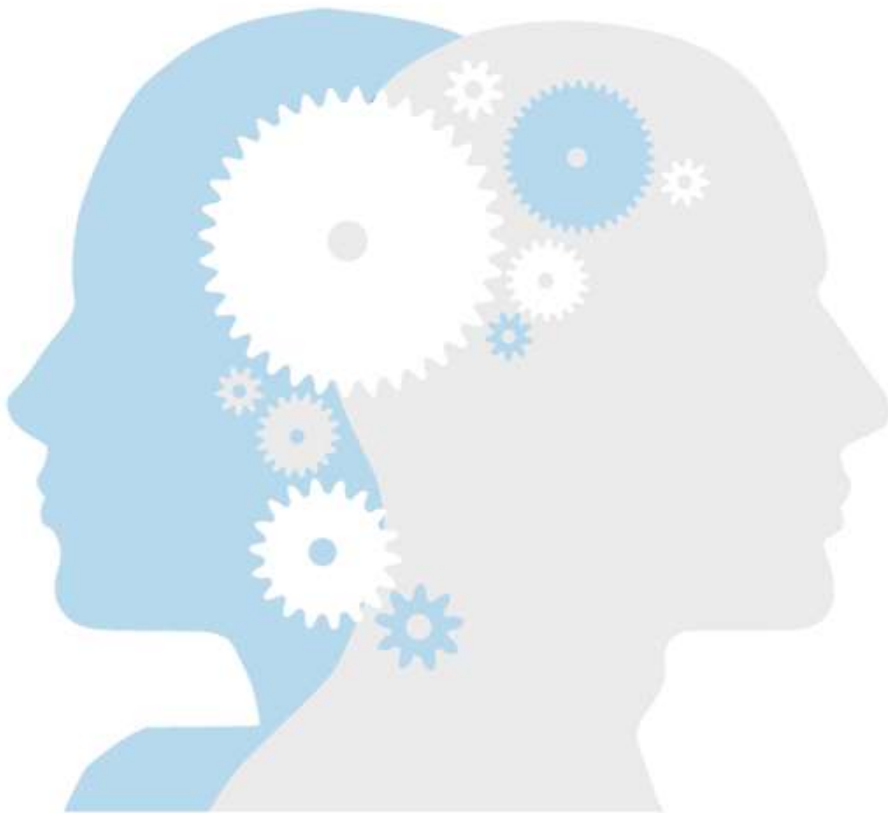




SPC NEWSLETTER

SPRING 2024



Welcome! We are excited to present the Spring 2024 edition of the School of Psychology and Counseling (SPC) Newsletter at Fairleigh Dickinson University (FDU). We hope that distributing this newsletter each semester will help keep everyone informed and involved in the ongoing of our department.

TABLE OF CONTENTS

Student Spotlight P. 2-4



Faculty Spotlight P. 5



Conferences & Events P. 6



Publication Opportunities P. 7-8



Research Opportunities P. 9



Scholarships & Grants P. 10



Student Resources P. 11



In the News P. 12



Meet the Team P. 13

If you would like to join our newsletter team, please email Dr. Georgia Winters at gwinters@fdu.edu

STUDENT SPOTLIGHT:

THE THESIS EXPERIENCE FOR HONORS PSYCHOLOGY STUDENTS

BY STEPHANIE BART

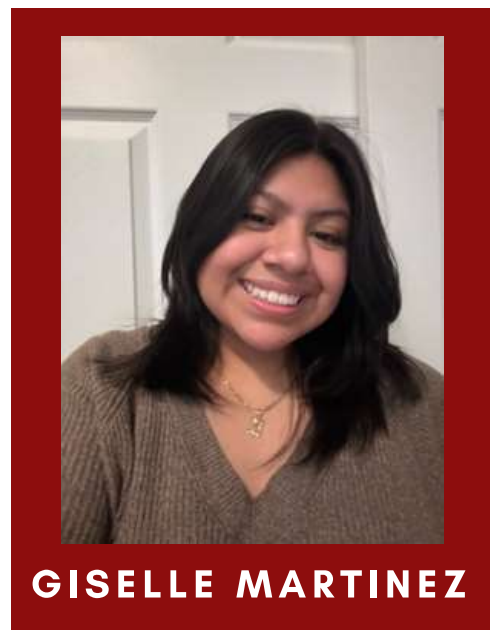
The Honors Program at FDU highlights the student research experience through a year and a half-thesis. The thesis focuses on student interests in their respective fields and allows for collaboration with faculty to create a research experience that is personalized and tailored to individual interests. The thesis is a great opportunity for students to dive into their interests, use them for future employment or research opportunities, and expand their knowledge of that subject. Here are three Psychology Honors students' who describe their experience writing a thesis, how it has impacted their undergraduate experience, and how it can apply to future opportunities!

What is your thesis topic?

My thesis is about structural inequalities in our social systems, specifically in the criminal justice system, and the psychological effects on individuals, families, and communities. In my thesis, I am discussing discriminatory practices that have mainly targeted communities of color.

How does this topic connect to psychology?

As psychology majors, we talk a lot about the strains people endure due to a variety of social factors. One of those strains that many people encounter is discrimination or unfair treatment, whether this be racism, sexism, homophobia, etc., these stressors have an impact on our mental health (which can lead to depression, anxiety, hopelessness, low self-esteem, etc.). In my thesis, I do a deep dive of these inequities in our criminal justice system and demonstrate how it predominantly affects people of color, specifically Black and Latino communities, from the first interaction with law enforcement to reentry into society. I also want to emphasize how our social structures have these inequities embedded and are causing further strain on communities of color, which affects mental/physical health, education, employment opportunities, welfare access, etc. Therefore, it all becomes a cycle of strain and discrimination putting these communities at further risk.



GISELLE MARTINEZ

How were you able to manage writing a thesis while maintaining undergraduate requirements?

It is definitely not easy to balance everything! I am a double major, an Honors Academy student, and a full-time substitute teacher, and I do other extracurriculars on campus, but I cannot emphasize time management enough. However, since my thesis is incredibly interesting to me, I do not see it as "extra" work, but rather a really cool project I am working on and am excited to share with others. Having a strong support system also helps me manage everything on my plate. They cheer me on when I feel down, or when I am overwhelmed, and it is very nice to know I am not alone. I do want to emphasize that finding time to take breaks is so important too!

How does your thesis connect to your future career goals?

At the core of my thesis, I am really pointing out injustices in our society and advocating for at-risk communities. In turn, this ties in with my future career goals of being a school psychologist. My ultimate goal is to help people who need it the most, and that is all I intend to do.



STEPHANIE BART

What is your thesis topic?

My thesis concerns Juvenile Justice Systems in the United States and the Netherlands. I am assessing legislation, mental health resources, and re-entry strategies to gain a better understanding of contributing factors for reoffending in adulthood. I will be making recommendations for the United States to become more rehabilitative with the expectation of decreasing adult reoffending for juvenile offenders.

How does this topic connect to psychology?

I major in both forensic psychology and criminal justice. This topic connects with forensic psychology because there has always been an emphasis on rehabilitation and treatment when it comes to younger offenders because they are at a higher rate of recidivism towards treatment. Our traditional criminal justice system is not restorative due to the emphasis on retribution, which is why it is imperative to reform to address shortcomings in resources, mental health, and other contributing factors to criminal behavior.

How were you able to manage writing a thesis while maintaining undergraduate requirements?

Though it has been difficult, I have found solace in time management, confiding in my friends, and utilizing as many on-campus resources as possible. By having a good support system, I have been able to persevere and complete my thesis on time.

How does your thesis connect to your future career goals?

I have a passion for juvenile offenders, and it is the population I want to work with. I am in the 4+1 Forensic Psychology program and with my thesis, I have a better understanding of the reform necessary for long-term success and hope to be a part of that one day. I have plans to obtain my PhD, so this thesis has prepared me for a traditional dissertation process and I could use the work now for later research.

What is your thesis topic?

My thesis is about the bidirectional relationship between Crohn's Disease and Anxiety. In my research, I focused primarily on the impact of psychosocial factors on disease progression and the influence inflammatory processes can have on mental health.

How does this topic connect to psychology?

By conducting this research, I was able to connect it to the brain-gut axis that essentially shows the influence your brain can have on your gut health and vice versa. Also, with this, I was able to explore mental health rehabilitation for ways in which an individual can help reduce life's daily stressors to further improve their gut health and overall ability to live their life freely.

How were you able to manage writing a thesis while maintaining undergraduate requirements?

I will admit, managing writing a thesis while maintaining my undergraduate requirements was very difficult, but in the end, it was very rewarding to see what I was capable of. Taking on this task of conducting research helped me explore a field that I never thought I would be able to. I wouldn't have been able to do it without the help, patience, and kind words of my friends, family, and mentors.

How does your thesis connect to your future career goals?

I have a passion for juvenile offenders, and it is the population I want to work with. The reason I researched this topic was because I have Crohn's Disease and Anxiety and I wanted to learn more about my body as well as educate others. However, with my hopes of becoming a Child Life Specialist in a hospital, research is crucial and understanding the impact a child's mind can have on their body. With this, I felt that it was imperative that I took it a step further to understand children a little more by conducting this research and eventually teaching them coping mechanisms.



KELSEY PARODI

STUDENT SPOTLIGHT: MADISON LUKENDA

BY: SHALOM JAFFE & AMANDA PARDO-BERMEDEZ



Tell us a little bit about yourself!

I'm a third-year Ph.D. student in the clinical psychology program, and I'm in Dr. Ben Johnson's Treatment and Assessment of Personality Pathology (TAPP) Lab. Specifically, my research focuses on childhood sexual abuse and the effects that it has later in life.

What made you interested in this topic?

I really am interested in trauma, and I want to do my clinical work with kids. I think it's important to understand the effects that childhood trauma can have, and use that knowledge to help treat kids.

Have you always wanted to focus on childhood trauma?

No, my research actually changed a bit! At first, I was looking at the associations between borderline personality disorder (BPD) and antisocial personality disorders (ASPDs). That changed because of my interest in childhood trauma. I had done some previous research on how trauma can lead to later risky sexual behavior, and I thought that was really interesting, so I switched my topic to focus more on that.

Was it hard to transition like that?

Yeah, some aspects were kind of difficult. For example, I would say there's not a lot of research available. It's a very niche area because risky sex, borderline personality disorder, and childhood sexual abuse have been studied before, but not together. It only gets more complicated when you realize that the measures being used in previous research on risky sex aren't very good. My research is trying to change that by using a more comprehensive measure.

If you had more time, what else might you be curious about?

We're not researching the reasons why people might have risky sex, but I'd want to know more about those. There was one study that looked at the motivations for risky sex among gay men, but it could be really interesting to see how that interacts with what I'm looking at.

What kind of impact do you think your research might have?

Well, like I mentioned, these haven't been studied all together before, so I think it'll be something brand new and exciting. It could also really help with treatment. For example, if you understand that BPD exacerbates risky sex behaviors in people who have had childhood sexual abuse, you can target interventions for that. Sometimes that interaction gets overlooked.

Any advice for undergraduates pursuing a master's or doctoral degree?

I would say they should definitely get involved with research early on. There are two reasons to do this. One is to make yourself more competitive, but you also want to understand more about it and what it entails. Not everyone enjoys research, and that's okay! But you want to know that before committing to doing a lot of it for several years.

What do you like to do in your free time?

I really love to read, especially psychological thrillers.

Favorite caffeinated beverage?

I don't really drink caffeine, so I'll go with a raspberry iced tea with extra sugar at Dunkin'.

Any plans for the summer?

I'm getting my first nephew, and I'm super excited to spoil him and be with him every day!

MEET YOUR PROFESSOR: DR. ANDREW EISEN

BY KELSEY PARODI

What made you choose FDU when it came to being a professor?

I chose to become a Professor at FDU because it had the resources of a university, but at the same time, had the feeling of a smaller, intimate college. Having the support to set up my own research clinic and a lower student-to-faculty ratio appealed to me. And it still does – this is my 32nd year at FDU!



ANDREW EISEN PH.D.

What were you doing before FDU?

I was completing my clinical child internship at the University of Mississippi Medical Center in Jackson, Mississippi. Before that, I was completing my doctoral studies at the University at Albany, SUNY, and working on my dissertation. My doctoral thesis examined individualized cognitive-behavioral treatments for children with generalized anxiety disorder. To this day, I continue programmatic research looking at anxiety and related disorders in children and adolescents.

What made you choose to be a psychology professor as a profession?

I've always been fascinated with history and how our experiences and emotions shape our everyday lives. As an undergraduate, I was fortunate to conduct emotional research and serve as a teaching assistant in an introductory psychology class. I was allowed to teach several classes. I found the combination of teaching and conducting research truly exciting and decided to pursue an academic career.

What is some of the research you are doing currently?

I am continuing to conduct research with anxious youth, most notably with children experiencing separation anxiety and/or school refusal behavior. School refusal is still a highly misunderstood phenomenon.

What courses do you teach?

At this point in my academic career, I am focusing on teaching undergraduate courses. I teach several child-adolescent-related courses including Child Development, Adolescent Growth and Development, and Child Behavior Disorders. Additionally, I teach Abnormal Psychology and the Capstone Senior Seminar.

What do you do in your free time?

I enjoy spending time with family and friends, playing tennis, and writing screenplays.

CONFERENCES & EVENTS

CONFERENCES

New York State ATSA

5/20-5/22

Saratoga Springs, NY

\$215

Association for Psychological Sciences

5/23-5/26

San Francisco, CA

\$249

American Psychological Association

8/8 - 8/10

Seattle, Washington

\$295

Annual Conference of the International Society for Bipolar Disorders

9/29 - 10/1

Reykjavik, Iceland

\$295

CALL FOR ABSTRACTS

American Society of Criminology

Deadline: 5/17

Location: San Francisco, CA

Dates: 11/13 - 11/16

New England Psychological Association

Deadline: 08/01

Location: Springfield, MA

Date: 10/26

Connecticut Psychological Association

Deadline: 10/4

Location: West Haven, CT

Dates: 11/7 (virtual) & 11/8 (in person)

Society for Judgement and Decision Making

Deadline: TBD (submissions open in May)

Location: New York, NY

Dates: 11/22 - 11/25

“ Consult not your fears but your hopes and dreams. Think not about your frustrations, but your unfulfilled potential. Concern yourself not with what you tried and failed in, but with what it is still possible for you to do. ”

Pope John XXIII

PUBLICATION OPPORTUNITIES: SPECIAL JOURNAL ISSUES

MAY

5/31: *American Psychologist* – The Psychology of Anti-Semitism

JUNE

6/1: *Peace and Conflict: Journal of Peace Psychology* – Authorities' role in the (de-) escalation of political conflicts
6/1: *Psychological Trauma: Theory, Research, Practice, & Policy* – The bidirectional relationship between PTSD & psychosis
6/5: *Traumatology*– Traumatic stress: Theory, research, and treatment in clinical practice

JULY

7/12: *Translational Issues in Psychological Science* – Emerging trends in psychopharmacotherapy
7/31: *School Psychology* – Cultural adaptations to evidence-based interventions and practices in psychology

AUG

8/1: *Consulting Journal* – Emotional Intelligence in the Workplace
8/1: *Consulting Journal*– Military and veteran community issues for psychological and organizational consultants
8/31: *Evolutionary Behavioral Science* – Evolutionary Behavioral Science and 21st Century Technology

GC

Families Science and Health – General Call
Journal of Threat Assessment and Management – General Call
Law and Human Behavior – General Call

SPECIAL FEATURE: JPBS

The Journal of Psychology and the Behavioral Sciences (JPBS) is a peer-reviewed undergraduate research periodical published by the School of Psychology and Counseling of Fairleigh Dickinson University at the Florham Campus.

- JPBS offers undergraduate students, graduate students, and faculty an opportunity to publish in a recognized academic journal.
 - **Note: an undergraduate student must be the first author on any accepted submission.**
- JPBS takes pride in soliciting manuscripts from undergraduate students who recognize the value of publishing as an indicator of academic preparation. The mission of JPBS is to acknowledge the student-mentor relationship leading to publication. Articles in ANY topical area of psychology are considered.

***PLEASE NOTE:** Due to the restructuring the journal will is **NOT** accepting new submissions until the Fall 2024 semester. However, students can submit work within 1 year of earning their BA so long as they have not completed a graduate degree at the time of submission (they may be currently enrolled in a graduate-level program).

For any questions, please email Dr. Danielle DeNigris at denida01@fd.edu

PEER REVIEW OPPORTUNITIES

The Graduate Student Journal of Psychology (GSJP) at Teachers College, Columbia University is seeking graduate students and professionals in psychology to serve as peer reviewers for Volume 22.

Link: <https://docs.google.com/forms/d/e/1FAIpQLSfLo1T5dUU7XQj7nZbFN2in5trBYLLc7Bd0g9HL16tY8uWdlg/viewform>

- Responsibilities include:
 - Reviewing submitted manuscripts
 - Providing recommendations to authors
 - Consulting with the editors

***Please Note:** Peer reviewers who are fluent in other languages are highly encouraged to apply and should indicate the specific languages and proficiency level in the form.*

TRAINING ON DEMAND

Beck Institute: Graduate Student and Early Career Professional Workshop

“Our expert CBT Training, specifically designed for graduate students and early career professionals. Based on our CBT for Depression workshop, this special three-day workshop is an ideal first step for any graduate student or new clinician with under five years of practice.”

Virtual | \$300

August 5-7

Register at: <https://learn.beckinstitute.org/s/product/graduate-student-and-early-career-professional-workshop/01t6S00000AsARhQAN>

RESEARCH OPPORTUNITIES: LABS SEEKING UNDERGRADUATE RESEARCH ASSISTANTS

Benjamin Johnson, PhD

Dr. Benjamin Johnson runs the Treatment and Assessment of Personality Pathology (TAPP) Lab. The TAPP Lab studies how personality, relationships, and the experience of trauma influence how people manage difficult emotions.

(b.johnson2@fdu.edu)

Narmene Hamsho, PhD

Dr. Narmene Hamsho's research focuses on reducing academic opportunity gaps and improving the schooling experiences of neurodiverse youth and their families around the world.

(n.hamsho@fdu.edu)

Melissa Slavin, PhD

Dr. Melissa Slavin's research focuses on the intersection of substance use, sexual behavior, and sexual and reproductive health.

(m.slavine@fdu.edu)

Gregory Bartoszek, PhD

Dr. Gregory Bartoszek's research goals are to inform the conceptualization of psychiatric disorders and to improve psychological interventions.

(g.bartoszek@fdu.edu)

Yingyi Chang, PhD

Dr. Yingyi Chang's research delves into DEI issues in the workplace, employee well-being, and research methods.

(y.chang1@fdu.edu)

Danielle DeNigris, PhD

Dr. Danielle Denigris's research explores two domains of psychology: 1) how children come to learn temporal concepts and patterns, reflect on their past and future selves, and understand the minds of others and 2) the college experiences of autistic students.

(denida01@fdu.edu)

SCHOLARSHIPS & GRANTS

MAY

Dissertation Research Grant in Developmental Psychology

Supports the dissertation research of an outstanding graduate member of APA and Division 7.

Amount: \$500

Deadline: 5/8

The Clara Mayo Grants

Supports masters' theses or pre-dissertation research on aspects of sexism, racism, or prejudice.

Amount: Max. \$1,000

Deadline: 5/15

APF/Division 18 Grant

Available for graduate students contributing to public services psychology.

Amount: \$1,500

Deadline: 5/29

JUNE

Mark Chaffin Division 37 Early Career Psychologist Research Grant

This research grant is to provide a promising early career psychologist funds to conduct research within his or her area of expertise.

Amount: Max. \$2,000

Deadline: 6/1

John Santos Distinguished Program Development in Clinical Gerontology Award

Awarded to individuals who have had a positive contribution on older persons in their work.

Amount: \$1,500

Deadline: 6/1

APF Graduate Student Scholarships

21 scholarships awarded based on research proposals.

Amount: \$2,000-\$5,000

Deadline: 6/26

AP-LS Award for Best Undergraduate Paper

To be eligible, the student must be the major contributor to a project on a topic relevant to psychology & law.

Amount: \$150-\$500

Deadline: 6/30

JULY/AUGUST

APF Sharon Stephens Brehm Undergraduate Scholarship

Awarded to outstanding undergraduate psychology students who demonstrate financial need.

Amount: \$5,000

Deadline: 7/1

SEPTEMBER - NOVEMBER

The Grant in Aid for Graduate Students MacArthur Award

Funding for research in the area of criminal competence.

Amount: Max. \$2,000

Deadline: 9/15

Janet Hyde Graduate Student Research Grant

To support doctoral psychology students to support feminist research on the psychology of women and gender.

Amount: \$500

Deadline: 9/15

Bruce and Jane Walsh Grant in Memory of John Holland

To support the investigation of how personality, culture, and environment influence work behavior and health.

Amount: \$19,000

Deadline: 9/18

David H. and Beverly A. Barlow Grant

To support innovative research on anxiety-related disorders.

Amount: Max. \$8,000

Deadline: 9/18

Steven O. Walfish Grants

Submit manuscripts on clinical, practical, or research innovations that address evolving standards, practices, and methods in psychological practice.

Amount: Max. \$2,500

Deadline: 10/2

Grants in Aid for Graduate Students

Funding to support empirical graduate research that addresses psycholegal issues.

Amount: Max. \$2,000

Deadline: 10/15

Early Career Travel Grant Program (Division 2)

Grant can be used to defray the costs of attending psychology teaching conferences or conferences with a significant teaching of psychology component.

Amount: Max. \$500

Deadline: 11/1

ACADEMIC & WELLNESS RESOURCES

Academic Support Center (Metro)

The Academic Support Center's mission is to assist students in fulfilling their academic potential by providing support services to a diverse student population, preparing them for the University's goal of becoming world citizens through global education. The Academic Support Center offers free, one-on-one assistance to all current undergraduate and graduate students at the Metropolitan Campus. We also offer workshops on topics such as time management and study skills. To make an appointment, visit www.fdu.edu/metroASC or visit our office located on the fifth floor of Robison Hall.

Academic Support Center (Florham)

The Academic Support Center's mission is to assist students in fulfilling their academic potential by providing support services to a diverse student population, preparing them for the University's goal of becoming world citizens through global education. The Academic Support Center offers free, one-on-one assistance to all current undergraduate and graduate students at the Florham Campus. We also offer workshops on topics such as time management and study skills and free editing and proofreading services to faculty for scholarly work. To make an appointment, visit www.fdu.edu/myasc or visit our office located on the second floor of the Monninger Center.

Career Development Center

FDU's Career Development Center is here to guide you, from finding your path to landing your dream job. We offer support in the following areas: Assessment and Exploration, Finding Jobs and Internship, Interviewing, Career Planning and Advising, Resume Tips and Samples, and Resources for International Students. To make an appointment or find out more about how we can help you, please visit www.fdu.edu/career or contact career@fdu.edu.

The Metro Writing Studio

The Metro Writing Studio provides free writing support to undergraduate and graduate students and all FDU faculty and staff. In one-on-one consultations and workshops, our consultants offer feedback and strategies to help you improve at every stage of your writing, from brainstorming to final drafts. Contact the Metro Writing Studio at metrowritingstudio@fdu.edu.

Student Wellness Services

The mission of Student Wellness Services is to put students' health and wellbeing first. Student Wellness Services provides education, prevention, and intervention services with compassion for the FDU community. Student wellness services provide direct care, individual counseling services, health education and other supportive services. The department also offers small group workshops and community programs throughout the year on common health and wellness interests of the students. To book an appointment at the Florham Campus please email fpstudentwellness@fdu.edu or call 973-443-8535. To book an appointment at the Metro Campus please email metrostudentwellness@fdu.edu or call 201-692-2174.

Transforming College Campuses

Transforming College Campuses at Fairleigh Dickinson University strives to create inclusive environments where students explore opportunities for growth, engage in meaningful shared experiences, and thrive as self-directed learners. The program prioritizes the reduction of stigma that is associated with discussing one's own mental health and help seeking. Through the development of multiple opportunities for connection throughout the university, including graduate to undergraduate students and university staff to students, the program will foster an inclusive community that emphasizes psychological well-being. TCC runs a wide variety of events open to students, faculty and staff. Contact: tcc@fdu.edu

Unfinished Apparel: A Paper Scrub Alternative

Psychology in the News

Generally, inpatient psychiatric treatment is designed to provide intensive support, treatment, or stabilization through an elevated level of supervision to individuals experiencing disruptive psychiatric illness and mental health crisis. Upon admission to their facility, it is common for patients to be given a change of paper scrubs, disposable, lightweight uniforms ideal for hospital settings. According to staff, paper scrubs are administered in psychiatric facilities for various reasons, such as being cheap and efficient, uniformity and hygiene, and being a safer alternative to regular clothing through their lack of strings and ease of removal in the event the individual attempts using clothing items as a means of self-harm or to harm others. While this may be the case, those who have experience in these facilities say otherwise, especially those considered low-risk. In response to her own experiences with mental health and other's shared experiences with inpatient psychiatric treatment, Lauren Hackett founded her clothing company, *Unfinished Apparel*; the company was named as a reminder to herself and others that your story is unfinished.

Being nervous to enter treatment, Lauren began asking around; posting videos on her social media platforms asking others to share their experience of inpatient hospitalization. Most responses included complaints about the "clothing" they were forced into. Come to find out, this "clothing" was the farthest thing from it and what these garments actually were, were paper scrubs. The scrubs being described by people were see-through, itchy, and constantly tore in places they shouldn't; not to mention, many patients were victims of trauma that exposure would be incredibly triggering for. The more Lauren learned, the more motivation grew to make a change.



Less than a year later, having just taken up embroidery as a hobby to distract herself from her own mental health struggles, Lauren began to sell embroidered clothing.

She used 10% of the company's net proceeds to send comfortable, safe clothing patients in psychiatric treatment to reduce the use of paper scrubs. This change allows for incoming patients to choose a size, color, and design of clothing, upholding the individual's right to choose and self-expression during a vulnerable period. It took months to find a hospital willing to be the first, but the Horsham Clinic became Unfinished's first donation partner in 2021. Today, Lauren continues posting on social media, raising awareness about the many problems with paper scrubs as well as marketing for the company. Since then, Unfinished Apparel's mission has grown far beyond initial imagination and shows no signs of stopping.

unfin;shed
APPAREL

CEO - LAUREN HACKETT



Support Lauren's work here:

unfinishedapparelstore.com

MEET THE TEAM



GEORGIA WINTERS, PH.D.
FORENSIC PSYCHOLOGY M.A. PROGRAM
NEWSLETTER FACULTY ADVISOR

Dr. Georgia Winters is an associate professor and director of the Forensic Psychology M.A. Program. Her research focuses on sexual violence prevention. Her hobbies include cooking, baking, and watching her beloved New England sports teams.



CECILIA ALLAN
CLINICAL PSYCHOLOGY PH.D PROGRAM
EDITOR

Cecilia is in the 4th year of the Clinical Psychology Ph.D. program. Her primary research interests involve a variety of topics within the field of sexual violence prevention. Her hobbies include traveling, re-watching the same TV shows, and reading silly romance novels.



ALICE GUBERMAN
CLINICAL PSYCHOLOGY PH.D PROGRAM
EVENTS COMMITTEE

Alice is in her first year of the Clinical Psychology Ph.D. program. She is currently a research assistant in the Center for Empathy Research and Training (CERT) Lab at FDU. In her free time, Alice enjoys watching reality TV shows and hanging out with her dog.



KELSEY PARODI
FORENSIC PSYCHOLOGY M.A. PROGRAM
STUDENTS COMMITTEE

Kelsey is a freshman at FDU. She is currently a Student Ambassador, COMPASS Mentor, and Orientation leader. She is also involved in Global Scholars and the Honors Program here on the Metro campus. She loves to play volleyball and write in her free time.



AMANDA PARDO-BERMUDEZ
I/O PSYCHOLOGY M.A. PROGRAM
FACULTY/RESEARCH COMMITTEE

Amanda is in her second year of the I/O psychology M.A. program. Her research interests include ADHD and it's effect on neurological functioning. Her hobbies include gaming and working out.



SHALOM JAFFE
CLINICAL PSYCHOLOGY PH.D PROGRAM
FACULTY/RESEARCH COMMITTEE

Shalom is in his second year of the Clinical Psychology Ph.D. program. His current research focuses on the relationship between mood disorders and circadian rhythm. Recently he's been spending his free time reading and restoring vintage guitars.



STEPHANIE BART
FORENSIC PSYCHOLOGY M.A. PROGRAM
STUDENTS COMMITTEE

Stephanie is a fourth-year forensic psychology and criminal justice major. She's most interested in psychopathy, rehabilitation strategies for juvenile offenders, & implementing therapeutic techniques in the justice system. In her free time, she enjoys listening to true crime podcasts and researching serial killers.



LEAH MATTEY
FORENSIC PSYCHOLOGY M.A. PROGRAM
ENTERTAINMENT COMMITTEE

Leah is in her first year of the Forensic Psychology M.A. program. She is most interested in working with research involved in mood disorders and substance abuse disorder treatment, and suicide prevention. She enjoys practicing astrology, tarot readings, and experimenting with the art of coffee making (and tasting!).



SARAH DWECK
CLINICAL PSYCHOLOGY PH.D PROGRAM
ENTERTAINMENT COMMITTEE

Sarah is in her second year of the Clinical Psychology Ph.D. program. She is most interested in research focusing on treatments for depression and suicide prevention. In her free time, Sarah enjoys baking, reading, and practicing yoga.



ISABEL VALDIVIESO
FORENSIC PSYCHOLOGY M.A. PROGRAM
EVENTS COMMITTEE

Isabel is in her first year of the Forensic Psychology MA program. Her clinical interests are in the mitigation of sexual abuse to help break cycles of interpersonal violence and protecting vulnerable populations. Her hobbies include being outside, preferably at the beach or at the soccer field, spending time with her family, friends, and dog, and traveling and experiencing new cultures!