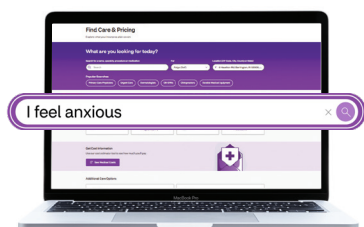# Easier access to mental health care with our provider search

Find the right support when you need it.

We're committed to making mental health care more accessible and affordable for you. Using smarter technology, we've simplified our provider search — making it easier for you to find the right care.

And it's all available through the Aetna Health app℠ and member website.

Different ways to search for care

Plain-language search
Search using everyday language like "I feel anxious," or "Find care for depression" — there's no need for medical terms.

Guided search experience
Follow step-by-step prompts to refine searches based on symptoms, preferences and care types.

Matching to in-network providers
Use enhanced technology to compare options and find the right fit.

Mental health and well-being virtual providers page
Filter by age, specialty and location. Plus, get access to care in three days or less.

It's a simpler, faster path to care — built to meet you where you are.

Support is just a tap away.
Log in to your Aetna® member website and find the right care for you.